Our aim is to be the preferred provider of Physical Activity to all Catholic Primary Schools.

Play 4 Life's range of programs and services can be specifically designed to suit the school's In-School, After-School and Extra-Curricula needs.

Our programs and services can run on a specific day, term, semester and / or yearly basis.

"St Emilie's children have participated in soccer, basketball, dance and BBB sessions at different times throughout the last couple of years and the multi-age nature of the program has encouraged strong relationship building. Students and parents certainly see this program as a value-adding one."

Tania Thujs (Principal - St Emilie’s, Canning Vale)

“Our Tabloid Carnival was extremely successful, the children had a wonderful day. Play 4 Life even provided the music for the announcer. Thank you to Jacob and his helpers, they were wonderful. I highly recommend Play 4 Life for any school or organisation wanting to provide a sports based program or activity. The highly professional manner in which they conducted their business was appreciated.”

Sharon Law-Davies (Assistant Principal - Our Lady of Fatima, Palmyra)

“The activities planned and implemented for our Family Fun Night consisted of tabloid sports, recreational games and dance. Through the level of participation and willingness of the children and parents to be involved, it was evident that the activities were motivational, engaging and above all enjoyable. The feedback from students and parents has been very positive. Parents were very pleased with the idea of fun activities with their children and the children enjoyed completing the activities with their parents and siblings. All are looking forward to the next Family Fun Night!

I highly recommend Play 4 Life as a very stimulating and different form of activity and entertainment and it was the perfect attraction for a welcoming event for the beginning of the year.”

Rob Romeo (Principal - St Munchin’s, Gosnells)

“Kieran looks forward to his weekly soccer session. We have seen great improvement in his soccer skills and also the way he works with his friends.”

Parent - St Emilie’s

NEW IN-SCHOOL PROGRAM - Starting Term 4, 2014

Balls Body & Brains

“Learning To Move & Moving To Learn”

Our BBB Program aims to develop a child’s perception and understanding of ‘self’ in relation to the world through movement / motor experiences. A series of structured physical activity sessions suitable for K-2!
Our Family Fun Nights...
- Encourage community spirit with families working together to complete fun based physical activity tasks.
- Activities run on a circuit ‘station’ basis and incorporate Dance; Earth Games; Recreational Games; Challenge Games; etc.
- The focus is on maximum participation in an active environment.

The school may select from the following options, the price will be quoted on application:
1) Equipment Only - Equipment is Delivered & Collected from the school. The school is responsible for setting up & running the FFN.
2) Equipment (Set-Up) - Equipment is set-up & taken down for the school. The school is only responsible for running the FFN itself.
3) Full Service - Play 4 Life arranges everything for the school which includes running the FFN.

Tabloid Sports Days...
- Tabloid Sports Days use physical and recreational activities which can be related to a selected theme. This is an ideal whole school activity.
- All activities and equipment will be supplied, ensuring maximum participation in a fun, safe environment.

The school may select from the following options, the price will be quoted on application:
1) Equipment Only - Equipment is Delivered & Collected from the school. The school is responsible for setting up & running the TSD.
2) Equipment (Set-Up) - Equipment is set-up & taken down for the school. The school is only responsible for running the TSD itself.
3) Full Service - Play 4 Life arranges everything for the school which includes running the TSD.

After-School Specialised Sports / Physical Activity...
- We have a range of sport & activity programs that are introduced by a ‘Free’ In-School Session (30 minutes per class) with registration flyers then being given out.
- The ‘Free’ In-School sessions would be scheduled on a day and time to suit the school. They would be for specified year levels, e.g., Pre-Primary to Year 3 and run in 30 minute consecutive timeslots.
- Parents then receive the registration flyer and decide if they want their child to enrol in the After-School Program for the nominated cost.
- We would use the school grounds and the sessions would begin 15 minutes after school finishes. Ideally, the sessions are 60 minutes in length and each program runs between 6 to 8 weeks.
- Should schools wish to have the After-School programs offered but are not able to allocate time for the In-School sessions, then it is possible for Registration flyers to be delivered to the school.

Professional Development...
- This program focuses on the fact that many classroom teachers need some form of assistance in their additional role of Physical Activity Provider within the classroom environment.
- We prefer one hour sessions, which could be run during your staff meeting or PD day. We believe 2 x 1 hour sessions spaced approximately 6 weeks apart is ideal.
- Price will be quoted on application.
- The emphasis is on giving classroom teachers guidance and practical ideas to develop and improve their class physical activity ‘class’ sessions.

By assisting teachers to feel more confident, they will be encouraged to be more proactive in conducting physical activity classes and develop an understanding of how to organise activities that ensure maximum participation and skill development in organised, active and productive sessions.